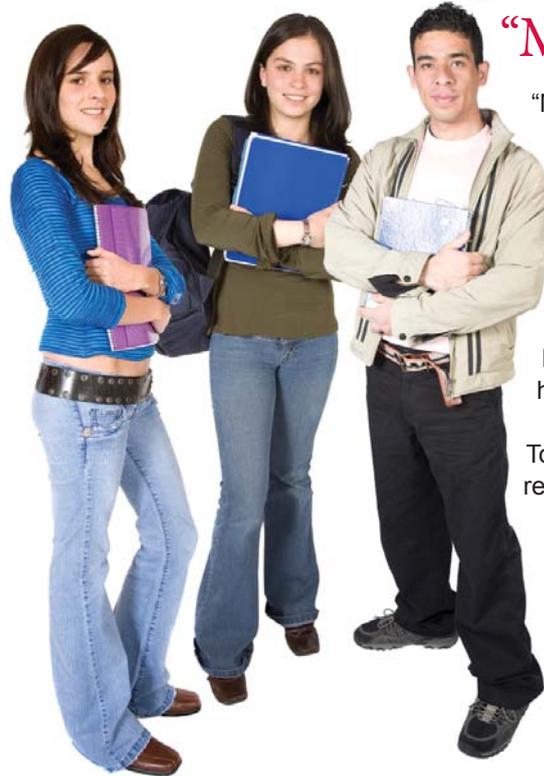


Postcard
from the
path...

Benefits Changes Effective July 1, 2010

“Michelle’s Law” Covers Students



“Michelle’s Law” prohibits health plans from terminating coverage for a dependent child who is a student at a postsecondary institution and who began a medically necessary leave of absence from school on or after July, 1 2010.

Coverage under Michelle’s Law continues until either one-year after the first day of the medically necessary leave or the day that the student’s coverage would have otherwise ended, whichever is earlier.

To learn more about “Michelle’s Law” and eligibility requirements, please visit das.ohio.gov/eligibilityrequirements.

OhioDAS

...walking together down a path of
wellness, through insight and
information for a healthy workforce.

Benefits Changes Effective July 1, 2010

Mental Health Parity and Addiction Equity Act of 2008

The following is a reminder of some key changes to the United Behavioral Health (UBH) benefits effective July 1, 2010.

- Deductibles, co-insurance, and out-of-pocket maximums will apply to all UBH and medical services, including in-patient services. Office visit co-pays will not change.
- Pre-authorization for outpatient care will no longer be required for most UBH services.
- Out-of-network benefits have been added to UBH for employees enrolled in the Ohio Med plan.



Have a safe and healthy summer!

House Bill 1 Dependent Coverage

House Bill 1 (HB1) of the 128th General Assembly, effective July 1, 2010, created a new category of dependent eligibility for the State's medical plans. A separate plan rate applies for each of these HB1 eligible dependents. For additional information on HB1 coverage eligibility and requirements, visit das.ohio.gov/eligibilityrequirements.

Benefits Communications Survey

Tell us what you think about the Benefits Communications you have received this year, and let us know if you'd like to opt out of receiving home mailings.

Go to das.ohio.gov/benefits and click on "2010 State Benefits Communications Survey."



TOP TEN

Ways to Have a Healthy Summer

1	Spend quality time with family and friends.
2	Don't forget to take a daily multi-vitamin.
3	Schedule preventive medical exams.
4	Schedule six-month dental check-up.
5	Eat healthy, plenty of fresh fruit and vegetables.
6	Wash your hands often.
7	Don't smoke.
8	Get enough sleep.
9	Exercise 30 minutes each day.
10	Get some sun, but not too much!

Contact your APS Healthcare health coach at 1.866.272.5507; get \$50!!