



OptumRx Utilization Management Programs

Effective 7.1.2016

UTILIZATION MANAGEMENT CHANGES

Effective July 1, 2016, the following Utilization Management changes will apply to Optum Rx Clients.

OPTUMRX FOCUSED UM PROGRAM

UPDATES TO EXISTING OPTUMRX FOCUSED STEP THERAPY WITH QUANTITY LIMITS PROGRAMS			
THERAPEUTIC CATEGORY	STEP 2 DRUGS	CURRENT STEP 1 DRUGS	CHANGES EFFECTIVE 7/1/2016
Diabetes			
Diabetic Test Strips	ABBOTT, ACON, AT LAST, BAYER, EMBRACE, EPS, FORA CARE, GLUCOCORD, GMATE, LIBERTY, NEUTEK, QUINTET, RELION, REVEAL, SUPREME, TRUE METRIX, TRUETEST, TRUETRACK, ULTIMA, UNISTRIP	Any one of the following: Accu-Check, Onetouch	Both of the following: Accu-Check and Onetouch
Dipeptidyl Peptidase-4 Inhibitors & Combinations	JENTADUETO (linagliptin-metformin) KAZANO (alogliptin-metformin) NESINA (alogliptin) OSEN (alogliptin-pioglitazone) TRADJENTA (linagliptin)	Any two of the following: Janumet*, Janumet XR*, Januvia*, Kombiglyze XR*, Onglyza*	Any one of the following: Janumet*, Janumet XR*, Januvia* AND any one of the following: Kombiglyze XR*, Onglyza*
Sodium-Glucose Co-Transporter-2 (SGLT2) Inhibitors	FARXIGA (dapagliflozin) XIGDUO XR (dapagliflozin-metformin) GLYXAMBI (empagliflozin-linagliptin)	Any one of the following: Invokana*, Invokamet*, Jardiance*, Synjardy*	Any one of the following: Invokamet*, Invokana* AND any one of the following: Jardiance*, Synjardy*
Glucagon-Like Peptide-1 Agonists	TANZEUM (albiglutide)	Any one of the following: Byetta*, Bydureon*, Victoza*	Any one of the following: Bydureon*, Byetta* AND any one of the following: Victoza*, Trulicity*
Respiratory			
Pulmonary Anti-Inflammatory/ Long-Acting Beta Agonist Combination Inhalers	DULERA (mometasone-formoterol)	Any two of the following: Advair Diskus, Advair HFA, Breo Ellipta, Symbicort	Any two of the following: Advair, Breo Ellipta, Symbicort
Short-Acting Beta-2 Adrenergic Inhalers	PROVENTIL HFA (albuterol) XOPENEX HFA (levalbuterol)	Any one of the following: Ventolin HFA, ProAir HFA, ProAir Respiclick	Any one of the following: Ventolin HFA AND any one of the following: ProAir

* These agents are also subject to additional step requirements.

NEW OPTUMRX FOCUSED FOCUSED STEP THERAPY WITH QUANTITY LIMITS PROGRAMS

THERAPEUTIC CATEGORY	STEP 2 DRUGS	STEP 1 DRUGS	QUANTITY LIMITS	
Central Nervous System				
Long-Acting Opioids	HYSINGLA ER (hydrocodone) KADIAN (morphine sulfate) NUCYNTA ER (tapentadol) ZOHYDRO ER (hydrocodone)	Any two of the following: hydromorphone ER, morphine sulfate ER, oxycodone ER, oxymorphone ER Embeda, Opana ER, Oxycontin	Hysingla ER Kadian Nucynta ER Zohydro ER 10, 15, 20, 30 and 40 mg Zohydro ER 50 mg	1 tab/day 2 caps/day 2 tabs/day 2 caps/day 4 caps/day
Diabetes				
Basal Insulin	TOUJEO (insulin glargine) TRESIBA (insulin degludec)	Both of the following: Lantus and Levemir	N/A	
Gastroenterology				
Pancreatic Enzymes	PANCREAZE (pancrelipase) PERTZYE (pancrelipase) ULTRESA (pancrelipase) VIOKACE (pancrelipase)	Both of the following: Creon and Zenpep	N/A	
Respiratory				
Epinephrine Auto-Injectors†	ADRENALICK (epinephrine) AUVI-Q (epinephrine) epinephrine	Any one of the following: Epipen, Epipen-JR	N/A	
Urology				
Overactive Bladder	MYRBETRIQ (mirabegron)	Any two of the following: oxybutynin IR/ER, tolterodine IR/ER Gelnique, Vesicare	N/A	

†Applies to new starts only