

## INSTRUCTIONS FOR COMPLETION OF ADM4310 APPLICATION FOR DISABILITY LEAVE BENEFITS

This form is used for an initial filing or reinstatement of Disability Leave Benefits. If you are filing supplemental information for an extension of disability benefits, use form ADM4311.

**File online by going to: MyOhio>MyWorkspace>myBenefits>Create/Extend a Disability Claim.**

### COMPLETION OF FORMS

- Print legibly
- All sections of application must be completed
- You are responsible for completing the Employee Statement, Pages 2 and 3
- Your physician is responsible for completing the Attending Physician Statement, Pages 4 and 5  
(Employees are prohibited from completing this section of the application.)

- You are responsible for returning **pages 2–5** of the disability form to your agency within **twenty (20) calendar days from your last day worked\***

**If there will be a delay in getting the Attending Physician Statement submitted, please return the Employee Statement to your agency human resources office within twenty (20) calendar days from your last day worked**

- You are responsible for any fee the physician may charge for completing the disability form

### PERSONAL DATA

- You must notify your supervisor of your absence and the expected date of your return to work

### WAITING PERIOD

- If approved for benefits, you must serve a **mandatory 14\*\* calendar day waiting period** before receiving benefits

### RETURN TO WORK

- To return to work on a part-time basis, you must have the approval of your agency and a return to work release
- Only employees receiving full-time benefits or those who are returning part-time immediately following the mandatory 14-day waiting period are eligible to receive part-time disability benefits
- You must return to work in a Transitional Work Program if recommended by your attending physician and your agency can provide such a program

### WORK RELATED CLAIMS

- You are **required** to file a claim for lost time wages directly with the Ohio Bureau of Workers' Compensation (BWC)
- Disability benefits are not payable for any work-related injury except:
  1. If your initial application for lost time wages is **denied** by BWC and you do not appeal the BWC order. You must submit a copy of the BWC denial with the disability application
  2. If your initial application for lost time wages is **denied** by BWC and you appeal the BWC order, you may receive an advancement of disability benefits. You must submit the following with the disability application:
    - A copy of the BWC denial order
    - A completed Disability Agreement, *Form4313*
    - A copy of your Accident or illness report, *Form4303*
    - A copy of your request for Temporary Total Compensation, *FormC-84*

### CONFIDENTIALITY

- Claim must be submitted to your agency personnel office
- Claim information submitted directly to Benefits Administration Services will be forwarded to your personnel office
- Your personnel office is required to keep all information about the nature of your illness/injury confidential

### PHYSICIAN INSTRUCTIONS

- Type or print legibly
- **Complete the Attending Physician Statement, Section B, Pages 4 & 5 without expense to the State of Ohio**
- Complete each section as thoroughly as possible
- Attending physician should retain a copy of pages 4 & 5 of the form
- The employee is responsible for returning the entire form to his or her personnel office within twenty (20) calendar days of the date the employee last worked.\* **Failure to do so may result in denial of your patient's benefits**

### BEHAVIORAL HEALTH CONDITIONS

Optum, the State's behavioral health care provider, manages disability claims for State of Ohio employees who are enrolled in the state's medical plan.

To request a disability assessment, an employee may contact Optum directly at 1-800-852-1091 or the Ohio Department of Administrative Services' Employee Assistance Program (EAP) at 1-800-221-6327.

- To be eligible for disability leave benefits for a behavioral health condition, the following must apply:
  - The employee must have a behavioral health/substance use condition that prevents the employee from working for longer than fourteen (14) calendar days
  - The employee must be in treatment with a behavioral health/substance use specialist and
  - The employee must follow the treatment plan prescribed by their provider

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*Disability benefits for State employees are authorized in Administrative Rules 123:1-33-01 through 123:1-33-11 and the bargaining unit contracts*

\*Contract exceptions for filing; FOP 46 and FOP 48 please refer to your contract.

\*Contract exceptions for length of waiting period; Attorney General, FOP 46 and FOP 48 refer to your contract.

**Information about the Disability Leave Program is available on the Benefits website: [das.ohio.gov/disability](https://das.ohio.gov/disability)**

**Application for Disability Leave Benefits  
Employee Statement**

Please read the instructions on Page 1 before completing this application. **This form must be submitted to your agency within 20 calendar days from your last day worked; FOP 46 and FOP 48 please refer to your contract. Or file online by going to: MyOhio>MyWorkspace>myBenefits>Create/Extend a Disability Claim.**

|  |
|--|
| PERSONNEL OFFICE USE ONLY  |
| Date Employee's Statement Received in Office<br>(Date Stamp Preferred) |

|                                |                      |  |                         |
|--------------------------------|----------------------|--|-------------------------|
| Employee's Name                |                      | State of Ohio User ID                      | Date of Birth           |
| Street Address                 |                      | City                                       | State ZIP Code          |
| Telephone (area code)<br>Work: | Home:<br>Cell:       | Personal Email:<br>Work Email:             |                         |
| Agency                         |                      | Job Title                                  |                         |
| Date accident or illness began | Date became disabled | Date last worked                           | Date of first treatment |
| Date of most recent treatment  |                      | Date of next appointment with physician(s) |                         |

**Describe your disability**

|  |                        |                                    |
|--|------------------------|------------------------------------|
| Was disability due to an injury?<br>Yes ____ No ____ | If yes, date of injury | How and where did accident happen? |
|--|------------------------|------------------------------------|

**List of all physicians treating you for this condition**

| Name | Specialty | Telephone (area code) | Fax (area code) |
|------|-----------|-----------------------|-----------------|
|      |           |                       |                 |
|      |           |                       |                 |
|      |           |                       |                 |

|  |  |                        |
|--|--|------------------------|
| Have you been hospitalized for this illness?<br>Yes ____ No ____ | If yes, give name of hospital and city | Date(s) of confinement |
|--|--|------------------------|

**Additional hospitalizations/urgent care/emergency room visits/dates for this illness (please provide medical reports from these visits)**

|   |                   |  |                |
|---|-------------------|--|----------------|
| Employee's Name   |                   | State of Ohio User ID  |                |
| Was your current illness/injury received in the course of, and arising out of your employment with the State of Ohio or any other employer? Yes ___ No ___  |                   |  |                |
| Have you ever applied for workers' compensation benefits involving the same part of body as your current illness/injury or for a condition in any way related to your current illness/injury? Yes ___ No ___ <b>If yes, provide:</b>  |                   |  |                |
| BWC claim number(s) _____   |                   |  |                |
| Dates(s) of illness/Injury(s) _____   |                   |  |                |
| Is your current illness/injury a reoccurrence of a previous illness/injury listed above?<br>Yes ___ No ___  |                   | If yes, did you receive any lost time wages or other compensation from BWC? Yes ___ No ___<br><b>If yes, provide type of compensation and timeframe:</b> |                |
| Have you filed a BWC claim for your current condition?<br>Yes ___ No ___  |                   | Are you filing a BWC claim for your current condition?<br>Yes ___ No ___   |                |
| Have you returned to work?<br>Yes ___ No ___  | If yes, give date | If no, what date do you expect to return?  |                |
| Are you returning to work part-time and applying for disability benefits on a part-time basis? Yes ___ No ___   |                   |  |                |
| Have you engaged in any occupation for wage or profit since the onset of your disability? Yes ___ No ___  |                   |  |                |
| If yes, name of employer:   |                   |  |                |
| Address:  |                   | Telephone :  | Your position: |
| Would you like to supplement disability by utilizing available leave time? Yes ___ No ___<br>If yes, list type of leave you want to use   |                   |  |                |
| <b>EMPLOYEE CERTIFICATION/AUTHORIZATION FOR RELEASE OF INFORMATION</b>  |                   |  |                |
| <p>I hereby authorize any hospital or clinic, physician, nurse or practitioner, including my health plan, the State's mental health vendor, Optum, the Employee Assistance Program (EAP), the Ohio Bureau of Workers' Compensation, the retirement system which I participate in or any other person, office or provider with knowledge of my illness, injury or condition to provide the Ohio Department of Administrative Services (DAS) or its representatives and State agencies involved with my return to work or claim for disability benefits with complete information as to my health and medical history, eligibility for Disability Retirement Benefits and any information required in connection with this claim, hereby waiving any and all privileged character of such information. I also hereby authorize the Ohio Department of Administrative Services or its representative to release any such information it receives to my health plan, the State's mental health vendor, Optum, the Employee Assistance Program (EAP), the Bureau of Workers' Compensation, the retirement system which I participate in and State agencies involved with my return to work or claim for disability benefits. I understand my health plan, the State's mental health vendor, Optum, State agencies or other party acting as a representative for the State may contact me regarding their services in assisting me to return to work. A photocopy of this authorization shall be valid as the original. I understand that it is my responsibility under the Americans with Disabilities Act (ADA) to contact my employer if I wish to apply for reasonable accommodations under ADA or to obtain information about my rights under ADA.</p> <p><b>I have read and understand the instructions on Page 1 of this application.</b> I certify that the above statements are true to the best of my knowledge and understand any misrepresentation on my part may result in a denial of my benefits.</p> <p>This authorization will be valid for 18 months from date of signature. I understand, that I have the right to revoke this authorization at any time prior to its expiration by providing written notice to the Disability Unit for the Ohio Department of Administrative Services, 30 East Broad Street, 27th Floor, Columbus, Ohio 43215. However, I understand, that I may not revoke any action taken by DAS in reliance on this authorization prior to the date DAS receives my written notice of revocation. Additionally, I understand that revoking this authorization may impair further processing of my claim or result in my claim being discontinued.</p> |                   |  |                |
| Date:   |                   | Employee Signature   |                |

**Please Note:** Employee is responsible for returning all pages of this form to employing agency. Claim information submitted directly to Benefits Administration Services will be forwarded to the employee's personnel office. The personnel office is required to keep all information about the nature of the illness/injury confidential.

**APPLICATION FOR DISABILITY LEAVE BENEFITS - ATTENDING PHYSICIAN STATEMENT**  
 Instructions for completing this form are on Page 1 of this application.

**PLEASE ATTACH COPIES OF OFFICE NOTES, EVALUATIONS, AND TESTING RESULTS.  
 INSUFFICIENT AND/OR ILLEGIBLE MEDICAL EVIDENCE MAY RESULT IN THE DENIAL OF BENEFITS.**

**Employee - Section A (Employee, complete this section before giving the form to your provider)**

|               |               |                       |
|---------------|---------------|-----------------------|
| Employee Name | Date of Birth | State of Ohio User ID |
|---------------|---------------|-----------------------|

**Attending Physician/Treating Provider - Section B  
 (Employee is prohibited from completing any portion of this form beyond this point)**

|   |   |
|---|---|
| Date patient rendered disabled from working | Ever had same or similar condition: Yes ___ No ___<br>If yes, when and describe |
|---|---|

Is condition arising out of employment? Yes \_\_\_ No \_\_\_

|   |   |
|---|---|
| Date first consulted you for this condition | Additional dates of treatment including the most recent visit |
|---|---|

|   |           |
|---|-----------|
| Frequency of visits: Weekly ___ Monthly ___ Other ___ | Referrals |
|---|-----------|

|                           |                            |     |
|---------------------------|----------------------------|-----|
| Date of most recent visit | Next scheduled appointment | EDC |
|---------------------------|----------------------------|-----|

**Diagnosis of disabling condition(s)**

|                           |              |
|---------------------------|--------------|
| Primary Diagnosis _____   | ICD-10 _____ |
| Secondary Diagnosis _____ | ICD-10 _____ |
| Tertiary Diagnosis _____  | ICD-10 _____ |

|                          |                  |
|--------------------------|------------------|
| Dates of Hospitalization | Name of Hospital |
|--------------------------|------------------|

|   |  |  |
|---|--|--|
| Reason for hospitalization and/or type of surgery performed | If surgery performed, give date<br>Mo ___ Day ___ Yr ___ | If pregnancy, provide delivery date<br>Mo ___ Day ___ Yr ___ |
|---|--|--|

**Complications or other factors delaying recovery (describe)**

**Subjective symptoms.** (If psychiatric, describe mood and affect, ability to relate, ability to carry out daily activities, follow instructions, judgment, and ability to concentrate)

| Medications | Dosage | Date initiated |
|-------------|--------|----------------|
| _____       | _____  | _____          |
| _____       | _____  | _____          |
| _____       | _____  | _____          |
| _____       | _____  | _____          |
| _____       | _____  | _____          |

The Genetic Information Nondiscrimination Act of 2008 (GINA) prohibits employers and other entities covered by GINA Title II from requesting or requiring genetic information of an individual or family member of the individual, except as specifically allowed by this law. To comply with this law, we are asking that you not provide any genetic information when responding to this request for medical information. "Genetic information," as defined by GINA, includes an individual's family medical history, the results of an individual's or family member's genetic tests, the fact that an individual or an individual's family member sought or received genetic services, and genetic information of a fetus carried by an individual or an individual's family member or an embryo lawfully held by an individual or family member receiving assistive reproductive services.

|   |        |   |   |   |       |                          |                         |                          |               |          |   |   |   |     |     |     |    |   |         |   |   |   |   |   |   |   |   |
|---|--------|---|---|---|-------|--------------------------|-------------------------|--------------------------|---------------|----------|---|---|---|-----|-----|-----|----|---|---------|---|---|---|---|---|---|---|---|
| Employee Name   |        |   |   |   |       |                          |                         |                          |               |          |   |   |   |     |     |     |    |   |         |   |   |   |   |   |   |   |   |
| Plan of treatment for a return to work                                      |        |   |   |   |       |                          |                         |                          |               |          |   |   |   |     |     |     |    |   |         |   |   |   |   |   |   |   |   |
| What restrictions are placed on patient's work activities?                  |        |   |   |   |       |                          |                         |                          |               |          |   |   |   |     |     |     |    |   |         |   |   |   |   |   |   |   |   |
| What job duties is the patient unable to perform?                           |        |   |   |   |       |                          |                         |                          |               |          |   |   |   |     |     |     |    |   |         |   |   |   |   |   |   |   |   |
| 1. In an 8-hour workday, person can: (mark full capacity for each activity) |        |   |   |   |       |                          |                         |                          |               |          |   |   |   |     |     |     |    |   |         |   |   |   |   |   |   |   |   |
| TOTAL (hours)   | Sit: 0 | 1 | 2 | 3 | 4     | 5                        | 6                       | 7                        | 8             | Stand: 0 | 1 | 2 | 3 | 4   | 5   | 6   | 7  | 8 | Walk: 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 2. Person can lift and carry:   |        |   |   |   | Never | Occasionally<br>(1%-33%) | Frequently<br>(34%-66%) | Constantly<br>(67%-100%) |               |          |   |   |   |     |     |     |    |   |         |   |   |   |   |   |   |   |   |
| Up to 10 lbs.   |        |   |   |   | _____ | _____                    | _____                   | _____                    |               |          |   |   |   |     |     |     |    |   |         |   |   |   |   |   |   |   |   |
| 11-20 lbs.  |        |   |   |   | _____ | _____                    | _____                   | _____                    |               |          |   |   |   |     |     |     |    |   |         |   |   |   |   |   |   |   |   |
| 21-50 lbs.  |        |   |   |   | _____ | _____                    | _____                   | _____                    |               |          |   |   |   |     |     |     |    |   |         |   |   |   |   |   |   |   |   |
| 51-100 lbs.   |        |   |   |   | _____ | _____                    | _____                   | _____                    |               |          |   |   |   |     |     |     |    |   |         |   |   |   |   |   |   |   |   |
| Over 100 lbs.   |        |   |   |   | _____ | _____                    | _____                   | _____                    |               |          |   |   |   |     |     |     |    |   |         |   |   |   |   |   |   |   |   |
| 3. Person can push/pull:  |        |   |   |   | Never | Occasionally<br>(1%-33%) | Frequently<br>(34%-66%) | Constantly<br>(67%-100%) |               |          |   |   |   |     |     |     |    |   |         |   |   |   |   |   |   |   |   |
| Up to 10 lbs.   |        |   |   |   | _____ | _____                    | _____                   | _____                    |               |          |   |   |   |     |     |     |    |   |         |   |   |   |   |   |   |   |   |
| 11-20 lbs.  |        |   |   |   | _____ | _____                    | _____                   | _____                    |               |          |   |   |   |     |     |     |    |   |         |   |   |   |   |   |   |   |   |
| 21-50 lbs.  |        |   |   |   | _____ | _____                    | _____                   | _____                    |               |          |   |   |   |     |     |     |    |   |         |   |   |   |   |   |   |   |   |
| 51-100 lbs.   |        |   |   |   | _____ | _____                    | _____                   | _____                    |               |          |   |   |   |     |     |     |    |   |         |   |   |   |   |   |   |   |   |
| Over 100 lbs.   |        |   |   |   | _____ | _____                    | _____                   | _____                    |               |          |   |   |   |     |     |     |    |   |         |   |   |   |   |   |   |   |   |
| 4. Person can do repetitive movements as in operating controls:             |        |   |   |   |       |                          |                         |                          |               |          |   |   |   |     |     |     |    |   |         |   |   |   |   |   |   |   |   |
| Right hand/arm  |        |   |   |   | ___   | Yes                      | ___                     | No                       | Left hand/arm |          |   |   |   | ___ | Yes | ___ | No |   |         |   |   |   |   |   |   |   |   |
| 5. Other restrictions:  |        |   |   |   |       |                          |                         |                          |               |          |   |   |   |     |     |     |    |   |         |   |   |   |   |   |   |   |   |

**Patient's condition prevents them from working:**

**Temporarily** \_\_\_ **For longer than 12 months** \_\_\_ **Permanently** \_\_\_

If disability is temporary, patient's estimated date of release to return to work:

\_\_\_ For regular occupation Mo. \_\_\_ Day \_\_\_ Yr. \_\_\_

\_\_\_ On a part-time basis Mo. \_\_\_ Day \_\_\_ Yr. \_\_\_

Part-time schedule: Hours per day \_\_\_ Days per week \_\_\_ # of weeks \_\_\_

\_\_\_ For suitable work activities within the limitations listed above Mo. \_\_\_ Day \_\_\_ Yr. \_\_\_

**Additional Remarks**

|   |                 |               |                |
|---|-----------------|---------------|----------------|
| <b>PLEASE PRINT</b> Name (treatment provider) |                 | Specialty     | Fed ID#        |
| Street Address                                |                 | City          | State ZIP Code |
| Telephone (area code)                         | Fax (area code) | Email Address |                |
| Date form received                            | Date signed     | Signature     |                |