

# Autism coverage available

State of Ohio employees and their families who are enrolled in the state's medical plan are now able to receive coverage for Autism Spectrum Disorder (ASD) treatment.



For medical coverage details:

- Visit [das.ohio.gov/benefits](http://das.ohio.gov/benefits);
- Click the **Medical** link in the right navigation area;
- Scroll to your Third-Party Administrator Information section;
- Click on **Medical Mutual of Ohio Plan Description** or **UnitedHealthcare Plan Description**.

For behavioral health coverage details:

- Visit [das.ohio.gov/benefits](http://das.ohio.gov/benefits);
- Click the **Behavioral Health** link in the right navigation area;
- Scroll to the Plan Description section and click on **United Behavioral Health Plan Description**.



## Improve your health and reward yourself



Receive up to \$350 in gift cards for participating in *Take Charge! Live Well!* – your health and wellness program. State employees and enrolled spouses can request a reward card from one of many national retailers after completing each of the following wellness activities:

- Biometric screening – Earn \$75;
- Well-Being Assessment – Earn \$50;
- Complete both of the above by Nov. 30 – Earn \$25;
- Complete a Pathway – Earn \$200
  - Coaching Pathway: One-on-one telephonic coaching session;
- OR
- Online Pathway: Nine online tools and resources including exercise, nutrition and weight trackers.

You can request your reward card after you complete an activity throughout, or at the end of, the benefits year. If no reward card is elected by the end of the benefits year, a Visa reward card will be sent for the amount of all completed activities.

When it comes to your health, the gift cards are a nice incentive, but the best reward is a healthier you. To get started, visit [ohio.gov/tclw](http://ohio.gov/tclw).