

Have your biometric screening. Earn \$75!

BIOMETRIC SCREENING FAQs

Q: What is a biometric screening?

A: A biometric screening is a quick blood pressure and blood test that checks your total cholesterol, HDL level, blood glucose level, blood pressure and body mass index (BMI).

Q: How much is the incentive for completing a biometric screening?

A: \$75

Q: How do I earn my \$75 incentive for completing a biometric screening?

A: Do one of the following:

- Participate in a *Take Charge! Live Well!* Road Show. For a complete list of Road Shows, visit www.ohio.gov/tclw and click on the Upcoming Wellness Events button in the right navigation.
- Have your physician complete a Biometric Physician Form, which can be downloaded at www.ohio.gov/tclw, and fax it to the number on the form.

Q: When does the biometric screening have to be completed?

A: The biometric screening must be completed and the form submitted by June 30, 2012.

Q: What are the other benefits of completing a biometric screening?

A: The screening will make you more aware of your health and will give you a starting point for your wellness goals. You also may be identified for additional incentives and wellness programs.

