

**Your prescription drug program includes an approval requirement for certain drug classes designed to encourage the use of safe and cost effective medications.**

This means that you must try a recommended alternative listed in the chart below before a medication requiring approval will be covered by your plan. If you are taking a medication that will require approval you will need to obtain a new prescription for a recommended alternative from your healthcare provider to ensure continued coverage by your prescription drug plan.

| <b>Drug Class</b>   | <b>Medications Requiring Approval*</b>   | <b>Recommended Alternatives</b>   | <b>Criteria to Obtain Target Medications</b>                                 |
|---|--|---|--|
| <b>Angiotension II Receptor Blockers</b><br><i>Blood Pressure</i> | Atacand/HCT, Avalide, Avapro, Benicar/HCT, Teveten/HCT                                 | losartan, losartan/hctz, Diovan/HCT, Micardis HCT   | Trial and failure of <b>two</b> recommended alternatives                     |
| <b>Bisphosphonates</b><br><i>Osteoporosis</i>                     | Actonel, Actonel with Calcium  | alendronate, Boniva, Fosamax Plus D   | Trial and failure of <b>one</b> recommended alternative                      |
| <b>Hypnotics</b><br><i>Sleep Aids</i>                             | Lunesta, Rozerem   | Most generic hypnotics (except zolpidem ER 12.5mg)  | Trial and failure of <b>one</b> recommended alternative                      |
| <b>Intranasal Steroids</b><br><i>Nasal Allergy</i>                | Beconase AZ, Nasacort AQ, Omnaris, Rhinocort Aqua, Tri-Nasal, Vancenase AQ, Veramyst   | flunisolide, fluticasone propionate, Nasonex  | Trial and failure of <b>one</b> recommended alternative                      |
| <b>Triptans</b><br><i>Migraine</i>                                | Axert, Frova, Sumavel, Treximet, Zomig   | naratriptan, sumatriptan, Maxalt, Maxalt-MLT, Relpax  | Trial and failure of <b>one</b> recommended alternative                      |
| <b>Androgens</b><br><i>Male Hormones</i>                          | Androderm, Testim, Axiron, Fortessa  | AndroGel  | Trial and failure of <b>one</b> recommended alternative                      |
| <b>Growth Hormones</b>  | Nutropin, Omnitrope, Saizen, Tev-Tropin  | Genotropin, Humatrope, Norditropin  | Trial and failure of <b>one</b> recommended alternative                      |
| <b>Atypical Antipsychotics**</b>                                  | Ability, Invega, Fazacio, Fanapt, Saphris  | Zyprexa/Zydis, Seroquel/XR, Geodon, Risperidone/M-Tab/ODT   | Trial and failure of <b>two</b> recommended alternatives                     |
| <b>Proton Pump Inhibitors</b><br><i>Gastric Acid Reducers</i>     | Protonix, pantoprazole, Zegerid, Dexilant, Aciphex, Nexium, Prilosec, Vimovo, Prevacid | Zegerid OTC, Prevacid 24 hr OTC, Prilosec OTC, omeprazole OTC, omeprazole/sodium bicarb OTC, lansoprazole 30mg (Rx version) | Trial and failure of generic or OTC (OTC requires prescription for coverage) |
| <b>Anti-Virals</b>  | Valtrex, valacyclovir, Famvir, Zovirax   | acyclovir, famciclovir  | Trial and failure of acyclovir 1st <b>and</b> famciclovir 2nd                |

\*Approval not required for members under age 18 and other exceptions may apply.

\*\*Current users grandfathered