

Postcard  
from the  
path...



**OhioDAS**

...walking together down a path of  
wellness, through insight and  
information for a healthy workforce.

## Long-Term Care coverage now through Prudential

The State of Ohio will be offering employees long-term care insurance through The Prudential Insurance Company of America. Prudential will replace the current carrier, Aetna Life Insurance Company, effective Oct. 1.

Existing Aetna enrollees have a choice of keeping the Aetna coverage or transferring the coverage to Prudential. Please look for separate communications from Prudential outlining your options at the end of August.

For eligibility and plan design information, visit:  
[das.ohio.gov/benefits/longtermcare](http://das.ohio.gov/benefits/longtermcare)

**TO ENROLL IN  
LONG-TERM CARE  
INSURANCE:**

**Beginning Sept. 1, please  
contact Prudential for details  
at 1.800.732.0416, Monday  
through Friday between  
8 a.m. and 8 p.m. (ET).**



# YOUR ANNUAL HEALTH ASSESSMENT

The best place to start! The Health Assessment is a questionnaire you take that provides you with a comprehensive assessment of your health. Following completion, you receive a personalized wellness summary to help you make - and meet - your health-related goals.

Health Assessment questionnaires can be completed online at [stateofohio.apshealthcare.com](http://stateofohio.apshealthcare.com) or on paper through the mail (call 1.866.272.5507 to receive a copy). Health Assessments must be completed by Nov. 30.

**Health Assessment Participation Reward:** Completing a Health Assessment earns eligible employees and spouses up to \$50 each.

## **ATTENTION USERS OF PANTOPRAZOLE (GENERIC PROTONIX):**

Due to a recent decision upholding the patent on Protonix, the generic version, Pantoprazole has been removed from the preferred medication list of Catalyst Rx. As a result, effective September 1, you must try over-the-counter Prilosec or over-the-counter Omeprazole (generic Prilosec) before you will be approved to obtain Pantoprazole. The cost of Pantoprazole, if you are approved, is \$50 for a 30-day supply. Over the counter Prilosec and Omeprazole are free for the first fill with a prescription and \$5 per month for refills.

