

Wellness Rewards

Enrolled employees and spouses may earn up to \$350 each by taking steps to improve their health

Level 1: Assess Your Health	Point Value
Earn up to \$150 per person in Level 1	
Complete your Well-Being 5 survey.	50 Points
Biometric screening: <ul style="list-style-type: none">• Complete an on-site screening; or• Submit the Physician Form, which is to be completed by your physician.	100 Points
Level 2: Take Action	Point Value
Earn up to \$200 in Level 2 Points can be earned by completing up to four total actions within the same activity or by combining actions with multiple activities.	
Coaching Calls	Earn 50 points for each completed coaching call, up to four calls
Well-Being Challenges	Earn 50 points for each completed challenge, up to four challenges
Financial Well-Being	Earn 50 points for each completed Financial Well-Being lesson, up to four lessons
Reward cards are taxable compensation. Taxes are based on the amount of your reward and will be deducted from your paycheck.	
For details about rewards and the <i>Take Charge! Live Well!</i> program, go to the <i>Take Charge! Live Well!</i> program website, ohio.gov/tclw , and click on the Program Guide button.	