

FREE EXAMS AND SCREENINGS

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| Clinical breast exam | 1/plan year |
| Colonoscopy | Every 10 years starting at age 50 |
| Flexible sigmoidoscopy | Every 10 years starting at age 50 |
| Glucose | 1/plan year |
| Gynecological Exam | 1/plan year |
| Hemoglobin, hematocrit or CBC | 1/plan year |
| Lipid profile or total and HDL cholesterol | 1/plan year |
| Mammogram | 1 routine and 1 medically necessary/plan year |
| Pre-natal office visits | As needed; based on physician's ability to code claims separately from other maternity-related services |
| Stool for occult blood | 1/plan year |
| Urinalysis | 1/plan year |
| Well-baby, well-child exam | Various for birth to 2 years; then annual to age 21 |
| Well-person exam (annual physical) | 1/plan year |

FREE IMMUNIZATIONS

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| Diphtheria, tetanus, pertussis (DTap) | 2/4/6/15-18 months; 4-6 years |
| Haemophilus influenza b (Hib) | 2/4/6/12-15 months |
| Hepatitis A (HepA) | 2 doses between 1-2 years |
| Hepatitis B (HepB) | Birth; 1-2 months; 6-18 months |
| Human Papillomavirus (HPV) | 3 doses for 9-26 years |
| Influenza | 1/plan year |
| Measles, mumps, rubella (MMR) | 12-15 months, then at 4-6 years; adults who lack immunity |
| Meningococcal (MCV4) | 1 dose between 11-12 years or start of high school or college |
| Pneumococcal | 2/4/6 months; 12-15 months; annually at age 65 and older; high risk groups |
| Poliovirus (IPEV) | 2 and 4 months; 6-18 months; 4-6 years |
| Rotavirus (Rota) | 2/4/6 months |
| Tetanus, diphtheria, pertussis (Td/Tdap) | 11-12 years; Td booster every 10 years, 18 and older |
| Varicella (Chickenpox) | 12-15 months; 4-6 years; 2 doses for susceptible adults |
| Zoster (shingles) | 1 dose for age 19 + |