

## Confidentiality

The Ohio EAP ensures strict confidentiality as governed by State Law (Ohio Revised Code 3701.041) and Federal Regulations (42 CFR Part 2) to protect clients. No information regarding an employee's participation in EAP is released unless the employee authorizes it in writing.

## EAP Expertise

All EAP Consultants are mental health professionals.

## Your Ohio EAP

246 N. High Street  
Columbus, Ohio 43215

A phone call can make all the difference!  
Toll-free statewide 1.800.221.6EAP (6327)  
614.644.8545 Franklin County

[www.ohio.gov/eap](http://www.ohio.gov/eap)



John R. Kasich, Governor

This institution is an equal opportunity provider.



**EAP**  
**OHIO EMPLOYEE**  
**ASSISTANCE PROGRAM**

614.644.8545  
1.800.221.6327  
[www.ohio.gov/eap](http://www.ohio.gov/eap)



## What is the Ohio EAP?

**The** Ohio Employee Assistance Program (EAP) is a confidential, professional support service designed to assist state employees and their dependents. The goal of the program is to help resolve personal and job problems. These can include marital and family conflicts, emotional problems, illness, financial difficulties, drug and alcohol problems, job stress, burnout, legal difficulties and other major life changes. Problems left unresolved can result in family disruptions, job loss and poor health.

The Ohio EAP is supported by both labor and management. It has been a benefit to all state employees and their families since 1984.

## Benefits

There is no cost associated with using the EAP Program for assistance. If a referral is made to counseling, the employee or employee's dependent may be responsible for a co-payment. For State of Ohio employees covered by a state health plan, mental health services are covered by the behavioral health provider that the state contracts with for these services.

Employees not covered by a state health plan can still contact the EAP for assistance.

## Participation

Participation in the EAP is voluntary; however, a supervisor, union representative or co-worker may encourage an employee to seek help.

## Services Provided

- **Counseling Referrals**

If you are having personal or work-related problems, call one of our EAP Consultants at 1-800-221-6327 or 614-644-8545 for confidential assistance. They will discuss the issue you are calling about, and if necessary provide you with counseling referrals to a licensed clinician, psychologist, or drug and alcohol treatment provider.

- **Consultation**

If you are concerned about a family member, a friend or a co-worker, you can contact the EAP for assistance on how best to approach your concern.

- **Crisis Debriefing**

In the event of a traumatic situation (e.g., death, injury, or accident), an EAP consultant assigned to your agency can provide individual and group support to affected employees.

- **Intervention Services for Agencies in Transition**

When an agency is experiencing a downsizing and/or reorganization, this can be difficult for employees as they adjust to the changes taking place around them. The Ohio EAP is prepared to offer small group sessions designed to assist employees requesting help.

- **Training**

Training is conducted throughout state government on a variety of topics including Dealing with Difficult People, Handling Stress, Mental Health Concerns in the Workplace and the Power of Humor in the Workplace. If you are interested in these or other topics, contact your agency's EAP Coordinator or HR Department to discuss scheduling an EAP training session.

For a complete list of courses offered, visit the EAP website at [www.ohio.gov/eap](http://www.ohio.gov/eap).

